

# BY THE WAY

Volume 12, Issue 1

*A Bridgehaven Publication*

Winter 2012

## 9th Annual Bridge Builder Breakfast Building Bridges to Meaningful and Productive Lives Building Bridges to Skills, Independence and Awareness

Thanks to everyone who attended the 2011 Bridge Builder Breakfast at the Mellwood Art Center on November 30th. Guests were treated to entertainment by the Bridgetime Players and heard recovery stories from Nealia, Matt and Tiffany. With over 400 reservations, this was our largest breakfast event.



**Special Thanks:** *Society Challenge Sponsors* — Norton Healthcare, Our Lady of Peace and Passport Healthcare. *Event Sponsors* — Commonwealth Bank and Trust and University of Louisville Healthcare. *Event Contributors* — Tara Bassett, Dr. Leigh Bond, Bridgehaven Ambassador Volunteers, C&H Audio/Visual and Laura Krueger/KET. **Table Captains:** Ralph Adams, Jill Bell, Paramy Blake, Karen Blue, Stewart Bridgman, Jane Burbank, Maureen Capalbo, Terri Cardwell, Carol Carrithers, Mary Jane Cherry, Allan Cobb, Lee Cochran, Kathy Cox, Jim Dailey, Anne Del Prince, Deborah Deweese, Virginia Evans, Dave Gerwig, David Gibson, Ellen Hale, Paul Halloran, Jean Henry, Ramona Johnson, Elizabeth Kidd, Leslie Lawson, Pat Logsdon, Judy Lyons, Charlie Marsh, Ramie Martin-Galijatovic, Jennifer Nolan, Trudy North-Wollak, Linda Oechsli, Brooke Pardue, Randy Peters, Ted Ploetner, Sara Robinson, Donna Schuster, Hannah Schuster, Rachel Wenzke, Jackie Shahroudi Williams, Cherish Wolf



### Mission Statement

Bridgehaven provides the highest quality community based psychiatric rehabilitation and recovery services, education, and support to those touched by mental illness.

### Bridgehaven Program Information

**Opportunity House / Bridge to Recovery**  
950 South First Street Louisville, KY 40203  
(502) 585-9444, FAX: (502) 585-9466 [www.bridgehaven.org](http://www.bridgehaven.org)  
Admissions/Referral Coordinator: David Sisk, LCSW

*Please remember Bridgehaven in your will. Bridgehaven is recognized by the Internal Revenue Service as a 501(c) (3) non-profit organization. If you have a car (or other vehicle) you'd like to donate, please contact Donna Schuster at (502) 585-9444.*

## Bridgehaven Hosts Family Event

In September 2011 we began offering Cognitive Enhancement Therapy (CET) to 24 members. Since this intervention is so new, families of the members who were selected to participate called us to ask about the program. Most of the calls were from parents anxious to hear that there was



something new that might help their loved one gain the ability to go back to school or to get a job. We hosted a meeting and invited all the families and friends to come hear a presentation about CET in November. To our delight 20 family members attended and were full of questions and eager to try out some of the computer exercises the members do during CET. Some of them reported they were already seeing small changes in their family member's functioning. The CET staff was impressed with the interest that the families

showed and the support the families gave to each other as they talked about their family member and the struggle all of them have experienced due to mental illness. At the end of the 48 week program we will invite this group again to attend a graduation ceremony and to share the progress they have seen.

## 2011 Golf Marathon

100 Holes of Golf in One Day supporting Bridgehaven Mental Health Services



Thanks to Kindred Healthcare for being this year's **Title Sponsor!**

### **Beverage Sponsors:**

Louisville Water Company and SYSCO/Louisville Food Services

### **Lead Fundraiser Raffle Donations:**

Becker Law Office, Ellen Skomsky and Lee Cochran

### **Gift Bag Sponsors:**

Brown-Forman and Kentucky Lottery

Thanks to everyone who golfed, sponsored a golfer, donated prizes or helped in any other way to make this year's event a success.

## PLANET Professional Landcare Network

Part of the 2011 Green Industry Conference held in Louisville was PLANET Gives Back, a one-day service project. Bridgehaven served as the hub, and projects were completed at Bridgehaven, Engelhard Elementary School, Heuser Hearing Institute and The Center for Women and Families. At Bridgehaven they re-landscaped our therapy garden, including adding new plants that will help provide a sound barrier from the street noise and installing a rock pathway. They also landscaped around the gazebo and donated additional ornamental landscaping. Thanks also to Mary Sullivan from Metro United Way, who coordinated the entire project and served as our liaison.



# Thank You

**Jane Burbank**  
For hosting the Breakfast  
Table Captain Kick Off

**2011 Member Holiday Party**  
**Red Lobster Employees**  
Food  
**Ralph Van Nostrand and Friends**  
Santa/photos/games

**Louisville Metro Arts Fund**  
**\$3,000**  
Explore Old Louisville architecture  
and create 15 birdhouses to  
give to Old Louisville sites



**Galen Students**  
For cleaning and landscaping  
In September

**Sara Robinson**  
Ambassador/Pianist  
Leading member holiday  
sing-along



**St. James Court Art Show**  
For donating prime booth space  
to Bridgehaven member artists

**TARC**  
**\$5,029**  
for Overcoming Obstacles  
to using public transportation

**Louisville Metro Government**  
**\$11,500**  
for Safety Net Psych Rehab  
Services for members without  
a payer source.

**Immanuel Church of Christ**  
Church members for  
painting downstairs hallway

**Wood and Marie Hannah  
Foundation**  
**\$8,400**  
for scholarships for  
members without a payer source

**Laura Krueger and KET**  
For including Bridgehaven in  
the mental health special.,  
*Health 360.*

**Gheens' Foundaton**  
**\$20,000**  
Start up costs for training  
and staffing to implement CET

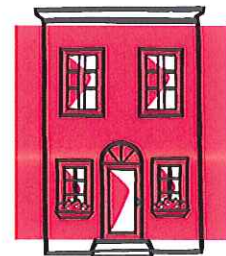
**Bellarmine University**  
Members of the freshman class  
for painting our picnic tables



**Louisville Metro Homeless Grant**  
**\$20,700**  
for services to homeless persons  
with mental illness and  
substance abuse

## Bridgehaven Expands Services to the Homeless

Thanks to a three-year grant from the Substance Abuse Mental Health Services Administration (SAMHSA) and a partnership of agencies, Bridgehaven will be able to expand our services to a homeless population that have been found to be at the highest risk due to their physical or mental health disability, substance abuse or age. A project spearheaded by the Coalition for the Homeless known as Rx Housing 100K Homes/Louisville did a survey of homeless people at their camps and places where they congregate. A priority list was then established for those at the highest risk to participate in the program. The SAMHSA funding was awarded to Family Health Centers' Phoenix Healthcare for the Homeless. The grant and program design, written by Andy Patterson, MSW, Ph.D., the center's Director, works on the "Housing First" model and utilizes intensive case management as well as placement in housing through Section 8 vouchers provided by the Louisville Metro Housing Authority. The 70 clients selected for the program will also have access to substance abuse detox and treatment through JADAC and Psychiatric Crisis Stabilization through Wellspring. Bridgehaven will be serving 10 participants in our program and will also provide a therapist to do community based counseling. All the project offices are located at The Hotel Louisville, run by Wayside Christian Mission.



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**Bridge Builder Lunches**  
January 25, 2012 March 14, 2012  
February 8, 2012 April 4, 2012  
February 22, 2012 May 16, 2012  
Call Donna at 585-9469  
for a **FREE** reservation

Address Service Requested  
Louisville, Kentucky 40203  
950 South First Street  
Bridgehaven, Inc.



**Upcoming Events**

**Art As A Part of Healing**

Join us Sunday March 4, 2012



**2012 Recovery Awards**

Tuesday, May 22, 2012



For information on attending, volunteering or participating in any of our events, please call 585-9469.

**Bridgehaven Board of Directors  
2012 Officers**

Chair	Dave Gerwig
Vice Chair	Carol Carrithers
Secretary	Kathy Cox
Treasurer	Gary Ruskowski
Immediate Past Chair	Rick Marshall

***By The Way***

Jenni Oglesby, Editor

**Bridgehaven's Community Based Psychosocial Rehabilitation Programs are accredited by CARF. Bridgehaven is a member agency of Metro United Way and an affiliate of Seven Counties Services, Inc.**



In accordance with Federal law, this agency does not discriminate on the basis of race, color, national origin, sex, age or disability. To file a complaint write or call: Bridgehaven, Inc., Attn: Ramona Johnson, 950 S. First St., Louisville KY 40203, 502-585-9444.